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Academic Background

PhD in East Asian History, Columbia University, May 2015

Concentrations: Middle Period Chinese History, Chinese Medical History

Dissertation Title: “The *Treatise on Cold Damage* and the Formation of Literati Medicine: Social, Epidemiological, and Medical Change in China 1000-1400”

Advisor: Dr. Robert Hymes

Fulbright Fellow, Beijing University of Chinese Medicine 北京中醫藥大學, 9/2011-7/2012

MPhil in East Asian History, Columbia University, October 2011

MA in East Asian History, Columbia University, October 2011

MS in Traditional Oriental Medicine, Pacific College of Oriental Medicine (San Diego), April 2008

MA in Religious Studies, University of Virginia, May 2004

Concentration: Chinese religions

Advisor: Dr. Paul Groner

Private Instruction in Chinese Medical Classics, with Professor Fan Jianmin, former member of the Zhang Zhongjing research center at Nanjing University of Chinese Medicine, January 2006-April 2007

Private Instruction in Tibetan Medicine, worked four hours per week with Lhobsang Dhondup, a Tibetan physician who was trained in Lhasa and has 20+ years of experience as a physician and teacher in Tibet, India, Mongolia, and the U.S., May 2007-June 2008

Tibet University, Summer Tibetan Program, Lhasa, Tibet, P.R. China, Summer 2002

Fellow for the Study of Traditional Chinese Culture, Sichuan University, Department of Religions, Chengdu, Sichuan, P.R. China, Fall 1999-Spring 2000

Namgyel Monastery Tibetan Language Program, Ithaca, NY, Spring 1998

BA in Anthropology, University of Florida, August 1995

Concentration: cultural and linguistic anthropology

Certifications and Licensures

New York State Acupuncture License

1/09-Present

Professional Experience

Instructor, Pacific College of Oriental Medicine, New York, NY

1/15-4/15

Taught the course, “Philosophical and Historical Foundations of Chinese Medicine,” to

Instructor, Columbia University, New York, NY

9/13-12/13

Designed and taught the course, EAAS 3930, “Three Moments in Chinese Medical History,” as part of the Teaching Scholars Program.

Teaching Assistant, Columbia University, New York

9/09-5/11, 9/12-5/13, 9/14-12/14

Ran discussion sessions, gave lectures, and graded student work for “Introduction to Asian Civilizations: China” and the undergraduate seminar, “Nobility and Civility.”

Adjunct Professor, San Diego Mesa College, Humanities Discipline, San Diego, CA	8/05-6/08
Taught “World Humanities up to 1400” and “World Religions.”	
Teaching Assistant, University of Virginia, Charlottesville, VA	8/01-5/03
English Instructor, Beijing University of Aeronautics and Astronautics, Beijing, P.R. China	7/00-6/01
English Instructor, Beijing University Middle School, Beijing, P.R. China	2/99-6/99
English Instructor, SW Jiaotong University, Chengdu, P.R. China	4/96-6/97

Clinical Experience

Chinese Medical Clinician, New York, NY	1/09-4/15
Clinical Observation, Beijing University of Chinese Medicine	10/11-1/12
Followed the senior physicians Song Naiguang 宋乃光 and Xiao Xiangru 肖相如 for four hours per week each during their clinical work at the Center for National Medicine.	
Clinical Observation, Chengdu University of Chinese Medicine	7/10
Followed the senior physician Ye Pinliang 叶品良 for 18 hours per week.	
Internship, Pacific College of Oriental Medicine	5/07-4/08
Saw patients under the supervision of clinical supervisor, 12 hours per week.	

Conference Presentations

- “Styles of Practice in the Treatment of Wind-Stroke: Restoring Depth to our Clinical Pictures,” TCM Kongress-Rothenburg, Gemrany, May 2017
- “The Practical Clinical Value of Premodern Medical Texts,” Keynote Address, Australian Acupuncture and Chinese Medicine Annual Conference, Perth, Australia, May 2016.
- “Styles of Practice and Medical Diversity in the History of Healing in China,” Roundtable Discussion, Association for Asian Studies, Seattle, March 2016
- “The Medical Classics and Clinical Argument in the Northern Song,” Peking University-University College London International Conference on Chinese Medical Humanities, Beijing, October 2015
- “The Problem with Common Physicians and its Solutions,” International Interdisciplinary Conference on Middle Period China 800-1400, Harvard University, June 2014
- “The Ambiguity of Epidemics: Epidemic Febrile Illness and the Creation of Internal Damage as a Medical Specialty,” Association for Asian Studies, Philadelphia, March 2014
- “A Narrowing of Vision, a Broadening of Discourse: Cold Damage Studies before and after 1065,” 8th International Congress on Traditional Asian Medicine, South Korea, September 2013
- “The Problem with Common Physicians and its Solutions” [Earlier Version] History of Science Society, San Diego, November 2012
- “ ‘How Would *You* Know?’: Xu Shuwei’s Use of the *Shanghanlun* to Create a Literati Medicine,” Association of Asian Studies, Philadelphia, April 2010
- “Putting the Yellow Emperor in his Place: Reading the Yellow Emperor's Inner Classic as a Han Dynasty Religious Text,” American Academy of Religion, San Diego, November 2007
- “The Medical and the Religious in the Works of Sun Simiao,” 6th International Congress on Traditional Asian Medicine, University of Texas at Austin, April 2006

Invited Lectures

- “Learning to Learn: The Shaoyang and Taiyin Chapters of the *Treatise on Cold Damage*,” seven-hour workshop, TCM Kongress-Rothenburg, Germany, May 2017
- “The Problem with Common Physicians and its Solutions,” Columbia University Neo-Confucianism Seminar, December 2014
- “The Song Dynasty: A Watershed in Chinese Medical History,” 1st Apricot Grove Lecture, Xinglin Institute, June 2014
- “How to Understand and Use Classical Formulas,” six-hour continuing medical education webinar on ProD Seminars (prodseminars.net), November 2013
- “Why All Chinese Herbalists Need to Understand the Classics,” one-hour webinar on Medigogy (medigogy.com), October 2013
- “Understanding and Using Classical Formulas,” Pacific College of Oriental Medicine, San Diego, March 2013
- “The Song Dynasty” (2 lectures), Columbia University, Introduction to Asian Civilizations: China, October 2012
- “Non-Han States and the Song Dynasty: the Liao, Xixia, and Jin,” Columbia University, Introduction to Asian Civilizations: China, October 2010
- “Integrating Chinese Medicine and Biomedicine: Towards Meaningful Medical Cooperation” (10-hour weekend elective), Arizona College of Osteopathic Medicine, May 2008, April 2007
- “Taoism and the Chinese Martial Arts,” University of Virginia, Introduction to Asian Religious Traditions, April 2003

Clinical Presentations and Teaching

- “Learning How to Learn: Studying the Shaoyin and Taiyin Chapters of the *Shanghan Lun*,” six-hour workshop at TCM-Kongress Rotenberg, May 2017.
- “*Shanghan lun* Studies”: A 16-lecture, approximately 48-hour online course guiding the students through a reading of the core chapters of the *Shanghan lun*.
- “Applying the *Sytematic Differentiation of Warm Disease* to your Patient’s Problems”: A 3-hour workshop introducing the clinical application of the *Wenbing tiaobian* through a study of some of its most frequently used lines. Australian Acupuncture and Chinese Medicine Annual Conference, Perth, Australia, May 2016.
- “Pulse Studies: Returning to the Source to Refine Our Practice”: 2-day, 12-hour course examining the clinical application of the *Maijing*, *Binhu maixue*, and *Wenkui maxiue*. Lisbon, Portugal, October 2015. Brisbane, Australia, May 2016.

Current Projects and Forthcoming Publications

- **Styles of Practice in East Asian Medicine:** workshop leading to publication of a sourcebook presenting new ways of understanding East Asian medical history, directed by Volker Scheid.
- **Routledge Handbook of Chinese Medicine:** wrote the chapter “The Inner Classic Corpus, Textual Authority, and Canonization,” for the forthcoming volume edited by Vivienne Lo and Michael Stanley-Baker

Service Activities

- Associate Editor, *Asian Medicine*, October 2018-Present
- Chinese and East Asian Medicine Moderator, AsianMedicineZone.com, September 2015-Present

- China Book Review Editor, *Asian Medicine*, September 2015-January 2017
- Founder and Coordinator for the Chinese Medical Classics Study Group, Pacific College of Oriental Medicine (New York), January 2010-July 2011, January 2013-December 2013

Fellowships and Grants

- **Sasakawa Young Leaders Fellowship**, Columbia University 2013-2014
- **IIE Fulbright Fellowship**, Beijing University of Chinese Medicine, 2011-2012
- **FLAS Academic Year Fellowship**, Columbia Univ. 2009-2010, Univ. of Virginia 2003-2004
- **FLAS Summer Fellowship**, Tibet University, summer 2002
- **Fellowship for the Study of Traditional Chinese Culture**, at Sichuan University, 1999-2000

Language Skills

- **Chinese:** fluent, spoken and written, modern, classical, medical, and religious material
- **Japanese:** advanced reading skills, beginning spoken
- **Tibetan:** intermediate spoken and reading skills, classical and modern

Honors and Awards

- Best Presentation and Best Herbal Medicine Presentation, Australian Acupuncture and Chinese Medicine Annual Conference, May 2016
- Charles Leslie Junior Scholar Award for Best Presentation, honorable mention, 8th International Congress on Traditional Asian Medicine, September 2013

Current Research Interests

- The literary practice of Chinese physicians and how these were tied into their clinical practices
- The use of the concepts of styles of practice and problematics as a lens for rethinking East Asian medical history
- The Song-dynasty southward demographic shift and its ethnobotanical, ethnological, and epidemiological consequences